



**CTC 2 DISCUSSION TOPICS AND CODES**

**Discussion topics for follow-up education and counseling (group or individual, pre- and post ART)  
Coose one to three priority topics each visit**

Topic	Date	Comments	Date	Comments	Date	Comments	Date	Comments
Basic HIV / AIDS and prevention								
Disclosure and identifying treatment supporter								
Coping and planning the future								
Promoting Testing within household								
Pregnancy, MTCT and family Planning								
Adolescent issues								
Disease progression and role of ART								
Prevention of diseases; environmental hygiene, hand washing, bednets and nutrition								
CTX and INH prophylaxis								
Importance of adherence, how to remind, plan, what to do when travel, sick etc. Refer to checklist								
How to use CTC1 for exemptions								
Importance of HBC and PLHA support group								
Self Care								
Importance of appointments, dates and time, planning transport								
Provide patient leaflets / brochures								

**1. MARITAL STATUS**

S = SINGLE  
M = MARRIED  
CO = COHABITING  
D = DIVORCED/SEPARATED  
W = WIDOW/WIDOWED

**2. VISIT TYPE**

S = Scheduled visit at this clinic  
US = unscheduled visit at this clinic  
TK = Traced back after LTFU  
TS = Treatment supports drug pick up  
O = Visit other clinic (refill / outreach or transit)  
IP = In-Patient Consultation

**3. SIGNS, SYMPTOMS AND OIs**

ABDOMINAL PAIN  
ANAEMIA  
BN BURNING, NUMB, TINGLING  
CNS DIZZY, ANXIETY, NIGHTMARE, DEPRESSION  
COUGH \*  
DB DIFFICULT BREATHING  
DEMENTIA  
DIARRHOEA  
ENC- HIV ENCEPHALOPATHY  
FAT CHANGES  
FATIGUE  
FEVER \*  
GUD GENITAL ULCER DISEASE  
HEADACHE  
HM HEMOPTYSIS\*  
IRIS IMM. RECONST. INFLAMM SYNDROME  
ITCHING  
JAUNDICE  
MOLLUSCUM  
NIGHT SWEATS\*  
NAUSEA  
PE PAROTID ENLARGEMENT  
PID PELVIC INFLAMMATORY DISEASE  
PNEUMONIA  
PPE PAPULAR PRURITIC ERUPTIONS  
RASH  
THRUSH ORAL / VAGINAL  
UD URETHRAL DISCHARGE  
ULCERS MOUTH OR OTHER  
WEIGHT LOSS\*  
ZOSTER  
*If other, specify:*  
OPPORTUNISTIC INFECTIONS  
CM CRYPTOCOCCAL MENINGITIS  
KS KAPOSIS SARCOMA  
OC OESOPHAGEAL CANDIDIASIS  
PCP Pneumocystis Pneumonia  
*\* These are TB Symptoms*

**4. FUNCTIONAL STATUS**

W = WORKING A = AMBULATORY  
B = BEDRIDDEN

**5. FAMILY PLANNING**

O = NOT USING P = PILLS  
J = DEPO INJECTION M = IMPLANTS  
Z = STERILIZATION C = CONDOM  
T = TRAD/WITHDRAWAL L = IUD

**6. TB SCREENING / DIAGNOSIS**

Screen -ve = Answered NO to all 5 TB screening questions  
TB Susp = Answered Yes to 1 or more of TB screening questions  
SS + = Sputum Sample Positive  
SS - = Sputum Sample Negative  
CXR + = Chest X-Ray suggestive of TB  
CXR - = X-Ray NOT suggestive of TB

**9. ARV REASON**

**NO START**

51 DOES NOT FULFILL CRITERIA  
52 FULFILLS CRITERIA BUT COUNSELING FOR ARVS ONGOING  
53 FULFILLS CRITERIA BUT NO ARVS AVAILABLE  
54 FULFILLS CRITERIA BUT IS NOT WILLING  
55 FULFILLS CRITERIA BUT IS ON TB RX  
57 FULFILLS CRITERIA BUT AWAITS LAB RESULTS  
58 FULFILLS CRITERIA BUT HAS OI AND IS TOO SICK TO START  
99 FULFILLS CRITERIA BUT NO START - OTHER

**ARV START**

101 ADULT CD4 < 200  
102 ADULT WHO STAGE IV  
103 ADULT WHO STAGE III, IF CD4 < 350  
104 CHILDREN PEDIATRIC WHO STAGE III  
105 CHILDREN BETWEEN 12-59 MONTHS CD4%<20%  
106 INFANTS UNDER 12 MONTHS  
107 CHILDREN ≥ 5 YEARS CD4 < 15%  
108 PREGNANT WOMEN FOR PMTCT (PLUS)  
109 OTHER REASON TO START

**CHANGES OR STOP ARVS BECAUSE OF TB OR ADVERSE REACTIONS**

110 START TB TREATMENT  
111 NAUSEA / VOMITING  
112 DIARRHOEA  
113 HEADACHE  
114 FEVER  
115 RASH  
116 PERIPHERAL NEUROPATHY  
117 HEPATITIS  
118 JAUNDICE  
119 DEMENTIA  
120 ANAEMIA  
121 PANCREATITIS  
122 CNS ADVERSE EVENT  
123 OTHER ADVERSE EVENT (SPECIFY)

**CHANGE OR STOP ARVS BECAUSE OF TREATMENT FAILURE**

131 TREATMENT FAILURE, CLINICAL  
132 TREATMENT FAILURE, IMMUNOLOGICAL

**CHANGE OR STOP ARVS, OTHER REASON**

141 POOR ADHERENCE  
142 PATIENT DECISION  
143 PREGNANCY  
144 END OF PMTCT  
148 STOCK OUT  
149 OTHER REASON (SPECIFY)  
151 RESTART ARV AFTER 3 OR MORE MONTHS NOT ON ARV

**10. ARV COMBINATION REGIMEN**

**1ST LINE**

1a d4T, 3TC+NVP Paeds  
1a (30) d4T(30)+3TC+NVP Adults  
1a (30)L d4T(30)+3TC+NVP Adults Loading dose  
1b ZDV(AZT)+3TC+NVP Adults and Paeds  
1c ZDV(AZT)+3TC+EFV Adults and Paeds  
1d d4T+3TC+EFV Paeds  
1d (30) d4T(30)+3TC+EFV Adults  
1e TDF+FTC+EFV Adults  
1f TDF+FTC+NVP Adults  
1g TDF+3TC+EFV Adults  
1h TDF+3TC+NVP Adults  
1x Other first line Adults and Paeds

**2ND LINE**

2a ABC+ddl+ LPV/r Adults and Paeds  
2b ABC+ddl+ SQV/r Adults and Paeds  
2d ABC+ddl+ ATV/r Adults  
2e TDF+3TC+LPV/r Adults  
2f TDF+FTC+LPV/r Adults  
2g ABC+3TC+LPV/r Paeds  
2x other second line Adults and Paeds

**7. TB TREATMENT (Rx) / IPT**

START TB = START TB Rx (Insert date)  
CTN TB = CONTINUE  
CPLT TB = COMPLETE (Insert date)  
STOP TB = STOPPED (Insert date)  
RES TB = RESTART (Insert date)  
**Restart screening after Completion TB Rx**  
START IPT = START IPT (Insert date)  
CTN IPT = CONTINUE  
CPLT IPT = COMPLETE (Insert date)  
STOP IPT = STOPPED (Insert date)  
RES IPT = RESTART (Insert date)  
**Restart screening after client stops IPT**

**8. ARV STATUS**

1 = NO ARV 2 = START ARV  
3 = CONTINUE 4 = CHANGE  
5 = STOP 6 = RESTART

**11. ARV ADHERENCE**

G (good) = fewer than 2 missed days  
P (poor) = 2 or more missed days

**REASONS FOR POOR ARV ADHERENCE**

1 = TOXICITY  
2 = SHARE WITH OTHERS  
3 = FORGOT TO TAKE DRUGS  
4 = FELT BETTER  
5 = TOO ILL  
6 = STIGMA  
7 = PHARMACY DRUG STOCK OUT  
8 = PATIENT LOST / RAN OUT OF PILLS  
9 = DELIVERY / TRAVEL PROBLEMS  
10 = INABILITY TO PAY  
11 = ALCOHOL  
12 = DEPRESSION  
13 = OTHER (SPECIFY)

**12. OI TREATMENT / PROPHYLAXIS AND RELEVANT CO-MEDICATIONS**

1 = COTRIMOXAZOLE  
2 = FLUCONAZOLE  
3 = OTHER ANTIBIOTICS  
4 = ANTIMALARIAL  
5 = OTHER

**13. NUTRITIONAL STATUS**

OK = NOT MALNOURISHED  
MOD = MODERATE MALNOURISHED  
SEV = SEVERELY MALNOURISHED

**14. NUTRITIONAL SUPPLEMENT**

TF = THERAPEUTIC FOOD  
SF = SUPPLEMENTAL FOOD  
NA = NOT APPLICABLE

**15. REFERED TO**

1 = PMTCT  
2 = HBC  
3 = PLHIV SUPPORT GROUP/CLUB  
4 = ORPHAN AND VULNERABLE CHILDREN GROUP  
5 = MEDICAL SPECIALITY  
6 = NUTRITIONAL SUPPORT  
7 = LEGAL  
8 = TB CLINIC  
9 = FP SERVICES  
10 = OTHER (SPECIFY)

**16. FOLLOW UP STATUS**

MISSAPP = 1 OR 2 missing APPOINTMENTS  
LTF = LOST TO FOLLOW-UP (Not seen for 3 or more months since last scheduled appointment [ART patients], OR 3 or more missing appointments [pre-ART patients] with 2 attempts to follow-up)  
TO = TRANSFER OUT; if TO, to where?  
DEAD = PATIENT DIED  
OPT OUT = PATIENT OPTED OUT